

Behavioural Risk Factor Survey 2004 (October) - Coding Manual

Variable	Question	Code / Code Description
ID	Case number	-
v3_A	What is your height without wearing shoes? (cm)	8888 Outlier (<100cm or >190cm) / v4_A=8888
v4_A	What is your weight wearing simple clothes? (kg)	8888 Outlier (<37kg or >120kg)
v5_A	What is your waist circumference? (cm)	8888 Outlier (<50cm or >120cm) / v4_A=8888
v6_A	Does your weight now differ by more than 10 pounds (about 4.5Kg) from your weight one year ago?	1 Yes 2 No 3 Don't know
v7_A	Did it increase or decrease?	0 Not applicable (for v6_A ≠ 1) 1 Increase 2 Decrease
v8_A	What do you think about your current weight?	1 Overweight 2 Just right 3 Underweight 4 Refuse to answer 8888 Outlier (for “ v8_A=1 and v10_A=2” or “v8_A=3 and v10_A=1”)
v9_A	During the past 12 months, did you try to do something deliberately to control your weight? (i.e. for increasing weight, decreasing weight or maintaining weight)	1 Yes 2 No 8888 Outlier (for “v8_A=1 and v10_A=2” or “v8_A=3 and v10_A=1”)
v10_A	Is it for increasing weight, losing weight or maintaining weight?	0 Not applicable (for v9_A ≠ 1) 1 Losing weight 2 Increasing weight 3 Maintaining weight 4 Refuse to answer 8888 Outlier (for “v8_A=1 and v10_A=2” or “v8_A=3 and v10_A=1”)
v11_A	Taking the drugs or products (include health food) for controlling weight?	0 Not applicable (for v9_A ≠ 1) 1 Yes 2 No 8888 Outlier (for “v8_A=1 and v10_A=2” or “v8_A=3 and v10_A=1”)

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v12_A	How long had you been taking the drugs or products including health food?	0 Not applicable (for v9_A ≠ 1) 1 1-6 days 2 1-3 weeks 3 1 month 4 2-3 months 5 4-5 months 6 6-9 months 7 10-12 months 8 13 months or above 8888 Outlier (for “v8_A=1 and v10_A=2” or “v8_A=3 and v10_A=1”)
v13_A	Consulting doctors or dieticians?	0 Not applicable (for v9_A ≠ 1) 1 Yes 2 No 8888 Outlier (for “v8_A=1 and v10_A=2” or “v8_A=3 and v10_A=1”)
v14_A	How long had you been consulting doctors or dieticians?	0 Not applicable (for v9_A ≠ 1) 1 1-6 days 2 1-3 weeks 3 1 month 4 2-3 months 5 4-5 months 6 6-9 months 7 10-12 months 8 13 months or above 8888 Outlier (for “v8_A=1 and v10_A=2” or “v8_A=3 and v10_A=1”)
v15_A	Going to weight control or beauty parlours?	0 Not applicable (for v9_A ≠ 1) 1 Yes 2 No 8888 Outlier (for “v8_A=1 and v10_A=2” or “v8_A=3 and v10_A=1”)
v16_A	How long had you been going to weight control or beauty parlours?	0 Not applicable (for v9_A ≠ 1) 1 1-6 days 2 1-3 weeks 3 1 month 4 2-3 months 5 4-5 months

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v21_A	Any other methods?	0 Not applicable (for v9_A ≠ 1) 1 Yes 2 No 8888 Outlier (for “v8_A=1 and v10_A=2” or “v8_A=3 and v10_A=1”)
v22_A	How long had you been using this Method?	0 Not applicable (for v9_A ≠ 1) 1 1-6 days 2 1-3 weeks 3 1 month 4 2-3 months 5 4-5 months 6 6-9 months 7 10-12 months 8 13 months or above 8888 Outlier (for “v8_A=1 and v10_A=2” or “v8_A=3 and v10_A=1”)
v23_A	During the last 7 days, on how many days did you do vigorous physical activities?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days
v24_A	On those days that you have performed vigorous physical activity for at least 10 minutes, how much time on average per day did you usually spend on doing vigorous physical activities? (minutes)	0 Not applicable (for v23_A=0)
v25_A	During the last 7 days, on how many days did you do moderate physical activities?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days

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		7 7 days
v26_A	On those days that you have performed moderate physical activity for at least 10 minutes, how much time on average per day did you usually spend on doing moderate physical activities? (minutes)	0 Not applicable (for v25_A=0) 998 Don't know
v27_A	During the last 7 days, on how many days did you walk for at least 10 minutes at a time?	0 0 day 1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days
v28_A	On those days that you have walked for at least 10 minutes, how much time on average did you usually spend on walking in one of those days? (minutes)	0 Not applicable (for v27_A=0) 998 Don't know
v29_A	During the past 7 days, how much time on average did you usually spend on sitting on a weekday? (minutes)	
v30_A	On average, how many days to you eat fruit each week?	1 1 day 2 2 days 3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None
v31_A	How many fruits, on average, did you eat on one of those days?	0 Not applicable (for v30_A=8)
v32_A	On average, how many days do you eat vegetables each week?	1 1 day 2 2 days

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		3 3 days 4 4 days 5 5 days 6 6 days 7 7 days 8 None
v33_A	How many bowls of vegetables, on average, did you eat on one of those days?	0 Not applicable (for v32_A=8)
v45_A	During the last month, had you had at least one alcoholic drink?	1 Yes 2 No
v46_A	On how many days per week during the last month, on average, did you drink at least one alcoholic drink?	0 Not applicable (for v45_A ≠ 1) 1 Daily 2 6 days per week 3 5 days per week 4 4 days per week 5 3 days per week 6 2 days per week 7 1 day per week 8 Less than 1 day per week 8888 Outlier (>50 units)
v47_A	How many standard drinks on average did you drink on those days?	0 Not applicable (for v45_A ≠ 1) 8888 Outlier (>50 units)
v48_A	In the last month, did you drink at least 5 glasses or cans of alcohol on one occasion?	0 Not applicable (for v45_A ≠ 1) 1 Yes 2 No 8888 Outlier (>50 units)
v49_A	How many times did you do this in the last month?	0 Not applicable (for v45_A ≠ 1) 1 Once 2 Twice 3 Three times or more 8888 Outlier (>50 units)
v50_A	Have you smoked before?	1 Yes, but not now 2 Yes, and still smoking 3 Never

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v51_A	How long have you abstained from smoking?	0 Not applicable (for v50_A ≠ 1) 1 Had abstained for less than 1 month 2 Had abstained for between 1 month and 1 year 3 Had abstained for more than 1 year
v52_A	How many cigarettes do you smoke on average per day?	0 Not applicable (for v50_A ≠ 2) 1 Less than 1 cigarette per day now 2 1-10 cigarettes per day now 3 11-20 cigarettes per day now 4 More than 20 cigarettes per day now
Sex	Record the gender	1 Male 2 Female
v74_A	What is your age?	
v75_A	What is your highest educational attainment?	1 Primary or below 2 Had not completed secondary 3 Completed secondary (F5) 4 Matriculation 5 Tertiary (non-degree) / degree or above 6 Refuse to answer
v76_A	What is your marital status?	1 Never married 2 Married and with child (ren) 3 Married and without child (ren) 4 Divorced or Separated 5 Widowed 6 Refuse to answer
v77_A	Are you currently engaged in a job?	1 Yes 2 No
v78_A	What is your occupation?	0 Not applicable (for v77_A=2) 1 Employers / Managers / Administrator 2 Professional 3 Associate Professional 4 Clerk 5 Service worker 6 Shop sales worker 7 Skilled agricultural / fishery worker 8 Craft and related worker 9 Plant and machine operator and assembler 10 Un-skilled worker

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		11 Refuse to answer
v79_A	Are you a ... (if not employed)	0 Not applicable (for v77_A=1) 1 Student 2 Home-maker 3 Unemployed person 4 Retired person 5 Others
v80_A	How much is your monthly personal income including all the Income?	0 Not applicable (for v77_A=2) 1 None 2 \$1-1,999 3 \$2,000-3,999 4 \$4,000-5,999 5 \$6,000-7,999 6 \$8,000-9,999 7 \$10,000-11,999 8 \$12,000-13,999 9 \$14,000-15,999 10 \$16,000-17,999 11 \$18,000-19,999 12 \$20,000-24,999 13 \$25,000-29,999 14 \$30,000-34,999 15 \$35,000-39,999 16 \$40,000-44,999 17 \$45,000-49,999 18 \$50,000 or above 19 Refuse to answer
v81_A	How much is your monthly household income including all the income	1 Less than \$2,000 2 \$2,000-3,999 3 \$4,000-5,999 4 \$6,000-7,999 5 \$8,000-9,999 6 \$10,000-11,999 7 \$12,000-13,999 8 \$14,000-15,999 9 \$16,000-17,999 10 \$18,000-19,999

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		11 \$20,000-24,999 12 \$25,000-29,999 13 \$30,000-34,999 14 \$35,000-39,999 15 \$40,000-44,999 16 \$45,000-49,999 17 \$50,000-54,999 18 \$55,000-59,999 19 \$60,000 or above 20 Refuse to answer
Weighting	Weighting applied in the survey	